

# BlueDental<sup>sm</sup> DHMO

**BENEFIT BOOK** 

azblue.com

# **TABLE OF CONTENTS**

Βl	LUEDENTAL DHMO – HIGH OPTION	2
	DESCRIPTION OF BENEFITS AND MEMBER COPAYMENTS	2
В	CBSAZ STANDARD EXCLUSIONS AND LIMITATIONS	. 10
	Plan Limitations	. 10
	Plan Exclusions	. 10
	Dental Policy – Group DHMO	. 11
	$Member\ Services\ Contact\ (change\ mail\ address,\ add\ or\ remove\ dependents,\ termination\ of\ coverage)$	. 11
	PART I. DEFINITIONS	. 11
	PART II. EFFECTIVE DATE OF BENEFITS	. 12
	PART III. TERMINATION OR CANCELLATION	. 12
	PART IV. PREMIUMS AND MEMBER COPAYMENTS	
	PART V. BENEFITS AND COVERAGES	. 13
	PART VI. DENTAL RECORDS	_
	PART VII. CHANGE IN SERVICE	
	PART VIII. CONVERSION AND CONTINUNATION OF COVERAGE	
	PART IX. EMERGENCY SERVICES	
	PART X. INCONTESTABILTY CLAUSE	
	PART XI. HOW TO RECEIVE BENEFITS	
	PART XII. APPEALS AND GRIEVANCES	. 14
	PART XIII. MEMBERS RIGHTS & RESONSIBILITIES	. 14
	PART XIV. ENTIRE CONTRACT	. 15
	ATTACHMENTS	. 15
	NONDISCRIMINATION STATEMENT	. 15
PΙ	RIVACY NOTICE	. 16
۸ ۸	LILT LANCHAGE INTERDRETED SERVICES	17

# BLUEDENTAL DHMO – HIGH OPTION DESCRIPTION OF BENEFITS AND MEMBER COPAYMENTS

ADA Code	Description	Member Copayment
DIAGNOST	IC/PREVENTIVE	•
D9439	Office visit	0
D0120	Periodic oral eval - established patient	0
D0140	Limited oral eval - problem focused	0
D0145	Oral eval for a patient under 3 years of age	0
D0150	Comprehensive oral eval - new or established patient	0
D0160	Detailed and extensive oral eval - problem focused	0
D0170	Re-evaluation - limited, problem focused	0
D0180	Comp. periodontal eval - new or established patient	20
D0210	Intraoral - complete series (including bitewings)	15
D0220	Intraoral - periapical first radiographic image	0
D0230	Intraoral - periapical each add. radiographic image	0
D0240	Intraoral - occlusal radiographic image	0
D0250	Extra-oral - 2D projection radiographic image	0
D0270	Bitewing - single radiographic image	0
D0272	Bitewings - two radiographic images	0
D0273	Bitewings - three radiographic images	0
D0274	Bitewings - four radiographic images	0
D0277	Vertical bitewings - 7 to 8 radiographic images	0
D0330	Panoramic radiographic image	10
D0340	2D cephalometric radiographic image	0
D0350	2D oral/facial photographic images (intraoral/extraoral)	0
D0431	Adjunctive pre-diagonostic	40
D0460	Pulp vitality tests	0
D0470	Diagnostic casts	0
D1110	Prophylaxis (cleaning) - adult	0
D1110*	Extra cleaning for diabetics and expectant mothers	40
D1120	Prophylaxis (cleaning) - child	0
D1206	Topical fluoride varnish for mod/high risk caries patients	0
D1208	Topical application of fluoride	0
D1310	Nutritional counseling for control of dental disease	0
D1320	Tobacco counseling for control and prev. oral disease	0
D1330	Oral hygiene instructions	0
D1351	Sealant - per tooth	15
SPACE MA	INTAINERS	<u>.</u>
D1510	Space maintainer - fixed - unilateral	147
D1515	Space maintainer - fixed - bilateral	171
D1520	Space maintainer - removable - unilateral	173
D1525	Space maintainer - removable - bilateral	200
D1550	Re-cementation of space maintainer	23

ADA Code	Description	Member Copayment
D1555	Removal of fixed space maintainer, by non-originating dentist	12
D1575	Distal shoe space maintainer - fixed - unilateral	147
RESTORAT	TIVE DENTISTRY (FILLINGS)	<u>.</u>
	AMALGAM RESTORATIONS (SILVER)	
D2140	Amalgam - one surface, prim. or perm.	15
D2150	Amalgam - two surfaces, prim. or perm.	20
D2160	Amalgam - three surfaces, prim. or perm.	25
D2161	Amalgam - >=4 surfaces, prim. or perm.	30
	COMPOSITE RESTORATIONS (TOOTH COLORED)	
D2330	Resin-based composite - one surface, anterior	25
D2331	Resin-based composite - two surfaces, anterior	30
D2332	Resin-based composite - three surfaces, anterior	40
D2335	Resin-based composite - >=4 surfaces, anterior	75
CROWN &	BRIDGE*	
D2390	Resin-based composite crown, anterior	83
D2391	Resin-based composite - one surface, posterior	50
D2392	Resin-based composite - two surfaces, posterior	65
D2393	Resin-based composite - three surfaces, posterior	80
D2394	Resin-based composite - >=4 surfaces, posterior	85
D2510	Inlay- metallic - one surface	275
D2520	Inlay- metallic - two surfaces	292
D2530	Inlay - metallic - three or more surfaces	314
D2542	Onlay - metallic-two surfaces	655
D2543	Onlay - metallic - three surfaces	673
D2544	Onlay - metallic - four or more surfaces	650
D2610	Inlay - porcelain/ceramic - one surface	378
D2620	Inlay - porcelain/ceramic - two surfaces	399
D2630	Inlay - porcelain/ceramic - >=3 surfaces	423
D2642	Onlay - porcelain/ceramic - two surfaces	412
D2643	Onlay - porcelain/ceramic - three surfaces	444
D2644	Onlay - porcelain/ceramic - >=4 surfaces	472
D2650	Inlay - resin-based composite - one surface	248
D2651	Inlay - resin-based composite - two surfaces	289
D2652	Inlay - resin-based composite - >=3 surfaces	310
D2662	Onlay - resin-based composite - two surfaces	283
D2663	Onlay - resin-based composite - three surfaces	319
D2664	Onlay - resin-based composite - >=4 surfaces	340
D2710	Crown - resin based composite (indirect)	250
D2712	Crown - 3/4 resin-based composite (indirect)	202
D2720	Crown - resin with high noble metal	443
D2721	Crown - resin with predominantly base metal	450
D2722	Crown - resin with noble metal	429
D2740	Crown - porcelain/ceramic substrate	510
D2750	Crown - porcelain fused to high noble metal	500
D2751	Crown - porcelain fused to predominantly base metal	488

ADA Code	Description	Member Copayment
D2752	Crown - porcelain fused to noble metal	499
D2780	Crown - 3/4 cast high noble metal	500
D2781	Crown - 3/4 cast predominantly base metal	494
D2782	Crown - 3/4 cast noble metal	506
D2783	Crown - 3/4 porcelain/ceramic	510
D2790	Crown - full cast high noble metal	500
D2791	Crown - full cast predominately base metal	493
D2792	Crown - full cast noble metal	506
D2794	Crown - titanium	517
D2799	Provisional crown	79
D2910	Recement inlay	32
D2920	Recement crown	32
D2930	Prefab. stainless steel crown - prim. tooth	105
D2931	Prefab. stainless steel crown - perm. tooth	72
D2932	Prefabricated resin crown	143
D2933	Prefab. stainless steel crown w/ resin window	132
D2934	Prefab. esthetic coated primary tooth	165
D2940	Protective restoration	24
D2950	Core buildup, including any pins	75
D2951	Pin retention - per tooth, in addition to restoration	26
D2952	Cast post and core in addition to crown	160
D2954	Prefab. post and core in addition to crown	131
D2955	Post removal (not in conj. with endo. therapy)	81
D2960	Labial veneer (resin laminate) - chairside	341
D2961	Labial veneer (resin laminate) - lab	600
D2962	Labial veneer porcelain laminate) - lab	675
D2980	Crown repair, by report	124
ENDODON'	TICS <sup>1</sup>	
D3110	Pulp cap - direct (excl. final restoration)	16
D3120	Pulp cap - indirect (excl. final restoration)	16
D3220	Therapeutic pulpotomy (excl. final restor.)	69
D3221	Pulpal debridement, prim. and perm. teeth	66
D3310	Endodontic therapy, anterior tooth	250
D3320	Endodontic therapy, bicuspid tooth	310
D3330	Endodontic therapy, molar	432
D3331	Treatment of root canal obstr. non-surgical	139
D3332	Incomp. endo. therapy-inop. or fractured tooth	124
D3333	Internal root repair of perforation defects	139
D3346	Retreat of prev. root canal therapy, anterior	369
D3347	Retreat of prev. root canal therapy, bicuspid	402
D3348	Retreat of prev. root canal therapy, molar	507
D3351	Apexification/recalcification - initial visit	99
D3352	Apexification/recalcification - interim med. repl.	99
D3353	Apexification/recalcification - final visit	99
D3410	Apicoectomy - anterior	297

ADA Code	Description	Member Copayment
D3421	Apicoectomy - bicuspid (first root)	326
D3425	Apicoectomy - molar (first root)	358
D3426	Apicoectomy/periradicular surgery (each add. root)	162
D3430	Retrograde filling - per root	90
D3450	Root amputation - per root	107
D3920	Hemisection, not inc. root canal therapy	99
PERIODON	ITICS <sup>1</sup>	·
D4210	Gingivectomy or gingivoplasty - >3 cont. teeth, per quad.	248
D4211	Gingivectomy or gingivoplasty - <=3 teeth, per quad.	127
D4240	Gingival flap proc., inc. root planing - >3 cont. teeth, per quad	294
D4241	Gingival flap proc, inc. root planing - <=3 cont. teeth, per quad	169
D4249	Clinical crown lengthening - hard tissue	321
D4260	Osseous surgery - >3 cont. teeth, per quad	426
D4261	Osseous surgery - <=3 cont. teeth, per quad	265
D4263	Bone replacement graft – First site in quadrant	319
D4264	Bone replacement graft – Each additional site in quadran	248
D4266	Guided tissue regen resorb. barrier, per site	418
D4274	Mesial/distal or proximal wedge procedure, single tooth	225
D4320	Provisional splinting - intracoronal	83
D4321	Provisional splinting - extracoronal	88
D4341	Perio scaling and root planing - >3 cont teeth, per quad.	105
4342	Perio scaling and root planing - <= 3 teeth, per quad	62
D4346	Scaling in presence of generalized moderate or severe gingival inflammation	39
D4355	Full mouth debridement	77
D4381	Localized delivery of chemotherapeutic agents	53
D4910	Periodontal maintenance	69
PROSTHET	TICS (DENTURES)	<u>.</u>
D5110	Complete denture - maxillary	650
D5120	Complete denture - mandibular	650
D5130	Immediate denture - maxillary	679
D5140	Immediate denture - mandibular	679
D5211	Maxillary partial denture - resin base	549
D5212	Mandibular partial denture - resin base	549
D5213	Maxillary partial denture - cast metal	624
D5214	Mandibular partial denture - cast metal	624
D5221	Immediate maxillary partial denture - resin base	520
D5222	Immediate mandibular partial denture - resin base	520
D5223	Immediate maxillary partial denture - cast metal	586
D5224	Immediate mandibular partial denture - cast metal	586
D5225	Maxillary partial denture - flexible base	586
D5226	Mandibular partial denture - flexible base	586
D5281	Rem. unilateral partial denture - one piece cast metal	371
D5410	Adjust complete denture - maxillary	36
D5411	Adjust complete denture - mandibular	36

ADA Code	Description	Member Copayment
D5421	Adjust partial denture - maxillary	36
D5422	Adjust partial denture - mandibular	36
D5511	Repair broken complete denture base, mandibular	58
D5512	Repair broken complete denture base, maxillary	58
D5520	Replace missing or broken teeth - complete denture	58
D5611	Repair resin partial denture base, mandibular	58
D5612	Repair resin partial denture base, maxillary	58
D5621	Repair cast partial framework, mandibular	58
D5622	Repair cast partial framework, maxillary	58
D5630	Repair or replace broken clasp	58
D5640	Replace broken teeth - per tooth	58
D5650	Add tooth to existing partial denture	58
D5660	Add clasp to existing partial denture	58
D5670	Replace all teeth and acrylic on cast metal framework (maxillary)	406
D5671	Replace all teeth and acrylic on cast metal framework (mandibular)	406
D5710	Rebase complete maxillary denture	190
D5711	Rebase complete mandibular denture	190
D5720	Rebase maxillary partial denture	190
D5721	Rebase mandibular partial denture	190
D5730	Reline complete maxillary denture (chairside)	129
D5731	Reline complete mandibular denture (chairside)	129
D5740	Reline maxillary partial denture (chairside)	129
D5741	Reline mandibular partial denture (chairside)	129
D5750	Reline complete maxillary denture (lab)	204
D5751	Reline complete mandibular denture (lab)	204
D5760	Reline maxillary partial denture (lab)	204
D5761	Reline mandibular partial denture (lab)	204
D5810	Interim complete denture - maxillary	318
D5811	Interim complete denture - mandibular	318
D5820	Interim partial denture - maxillary	321
D5821	Interim partial denture - mandibular	321
D5850	Tissue conditioning - maxillary	23
D5851	Tissue conditioning - mandibular	23
BRIDGE &		I
D6010	Surgical Placement of Implant Body – Endosteal	1115
D6056	Prefabricated abutment	435
D6057	Custom fabricated abutment	462
D6058	Abutment supported porcelain/ceramic crown	639
D6059	Abutment supported porcelain fused to metal crown - high noble metal	605
D6060	Abutment supported porcelain fused to metal crown - predominantly based metal	607
D6061	Abutment supported porcelain fused to metal crown - noble metal	641
D6062	Abutment supported cast metal crown - high noble metal	611
D6063	Abutment supported cast metal crown - predominantly based metal	550
D6064	Abutment supported cast metal crown - noble metal	601

ADA Code	Description	Member Copayment
D6065	Implant supported porcelain/ceramic crown	625
D6066	Implant supported porcelain fused to metal crown - titanium, titanium allow, high noble metal	663
D6067	Implant supported metal crown - titanium, titanium alloy, high noble metal	707
D6068	Abutment supported retainer for porc/ceramic	642
D6069	Abutment supp. retainer for porc/high noble	630
D6070	Abutment supp. retainer for porc/pred. base	615
D6071	Abutment supp. retainer for porc/noble	589
D6072	Abutment supp retainer for cast high noble	569
D6073	Abutment supp. retainer for cast high noble	496
D6074	Abutment supp. retainer for cast noble metal	532
D6075	Implant supported retainer for ceramic FPD	594
D6076	Implant supported retainer for porc/metal FPD	650
D6077	Implant supported retainer for cast metal FPD	564
D6081	Scaling and debridement in the presence of inflammation or mucositis of a single implant, including cleaning of the implant surfaces, without flap entry and closure	62
D6096	Remove broken retaining screw	135
D6210	Pontic - cast high noble metal	501
D6211	Pontic - cast predominately base metal	481
D6212	Pontic - cast noble metal	491
D6240	Pontic - porcelain fused to high noble metal	519
D6241	Pontic - porcelain fused to predominately base metal	492
D6242	Pontic - porcelain fused to noble metal	506
D6245	Pontic - porcelain/ceramic	505
D6250	Pontic - resin with high noble metal	545
D6251	Pontic - resin with predominately base metal	528
D6252	Pontic - resin with noble metal	545
D6545	Ret cast metal for resin bonded fixed prosthesis	308
D6548	Ret porc./ceramic for resin bonded fixed prosthesis	167
D6549	Resin retainer - for resin bonded fixed prosthesis	626
D6600	Inlay - porc./ceramic, two surfaces	302
D6601	Inlay - porc./ceramic, >=3 surfaces	314
D6602	Inlay - cast high noble metal, two surfaces	500
D6603	Inlay - cast high noble metal, >=3 surfaces	517
D6604	Inlay - cast predominantly base metal, two surfaces	437
D6605	Inlay - cast predominantly base metal, >=3 surfaces	448
D6606	Inlay - cast noble metal, two surfaces	465
D6607	Inlay - cast noble metal, >=3 surfaces	478
D6608	Onlay -porc./ceramic, two surfaces	345
D6609	Onlay - porc./ceramic, three or more surfaces	355
D6610	Onlay - cast high noble metal, two surfaces	495
D6611	Onlay - cast high noble metal, >=3 surfaces	517
D6612	Onlay - cast predominantly base metal, two surfaces	437
D6613	Onlay - cast predominantly base metal, >=3 surfaces	448

ADA Code	Description	Member Copayment
D6614	Onlay - cast noble metal, two surfaces	465
D6615	Onlay - cast noble metal, >=3 surfaces	487
D6720	Crown - resin with high noble metal	308
D6721	Crown - resin with predominantly base metal	410
D6722	Crown - resin with noble metal	308
D6740	Crown - porcelain/ceramic	539
D6750	Crown - porcelain fused to high noble metal	526
D6751	Crown - porcelain fused to predominately base metal	494
D6752	Crown - porcelain fused to noble metal	506
D6780	Crown - 3/4 cast high noble metal	526
D6781	Crown - 3/4 cast predominantly base metal	494
D6782	Crown - 3/4 cast noble metal	506
D6783	Crown - 3/4 porc./ceramic	528
D6790	Crown - full cast high noble metal	526
D6791	Crown - full cast predominately base metal	494
D6792	Crown - full cast noble metal	506
D6920	Connector bar	77
D6930	Recement fixed partial denture	60
D6940	Stress breaker	96
D6950	Precision attachment	220
D6980	Fixed partial denture repair, by report	99
ORAL SUR	GERY <sup>1</sup>	
D7111	Extraction, coronal remnants - deciduous tooth	37
D7140	Extraction, erupted tooth or exposed root	45
D7210	Surg. removal of Extraction, erupted tooth req elev, etc	85
D7220	Removal of impacted tooth - soft tissue	97
D7230	Removal of impacted tooth - partially bony	128
D7240	Removal of impacted tooth - completely bony	169
D7241	Removal of imp. tooth - completely bony, with unusual surg. complications	204
D7250	Surgical Removal of residual tooth roots	116
D7251	Coronectomy – Intentional partial tooth removal	204
D7270	Tooth reimplant./stabiliz. of acc. evulsed/displaced tooth	133
D7280	Surgical access Exposure of an unerupted tooth	137
D7286	Biopsy of oral tissue - soft (all others)	121
D7310	Alveoloplasty in conj. w/ extractions, >=4 per quad.	100
D7311	Alveoloplasty in conj. w/ extractions, 1-3 per quad.	75
D7320	Alveoloplasty not in conj. w/ extractions, >=4 per quad.	145
D7321	Alveoloplasty not in conj. w/ extractions, 1-3 per quad.	99
D7471	Removal of lateral exostosis	357
D7510	Incision and drainage of abscess - intraoral soft tissue	80
D7960	Frenulectomy (frenectomy/frenotomy) - separate proc.	115
D7979	Non-surgical sialolithotomy	20
ORTHODO	NTICS	ı
INVISALIGN	l – 15% Discount	
D8050	Interceptive ortho. treatment of the primary dentition	3010

ADA Code	Description	Member Copayment
D8060	Interceptive ortho. treatment - transitional dentition	3010
D8070	Comp. ortho. treatment - transitional dentition	3515
D8080	Comp. ortho. treatment - adolescent dentition	3852
D8090	Comp. ortho. treatment - adult dentition	4049
D8660	Pre-orthodontic treatment visit	77
D8670	Periodic ortho. treatment visit (as part of contract)	135
D8680	Orthodontic retainer (rem. of appl./placement of retainer(s))	314
D8999	Unspecified orthodontic procedure, by report	218
D9110	Palliative (emergency) treatment of dental pain	20
D9210	Local anesthesia not in conj. w/ operative/surg. procedures	17
D9211	Regional block anesthesia	24
D9212	Trigeminal division block anesthesia	48
D9215	Local anesthesia in conj. w/ operative/surg. procedures	17
D9222	Deep sedation/general anesthesia – first 15 minutes	90
D9223	Deep sedation/general anesthesia - each 15 minute increment	90
D9230	Analgesia, anxiolysis, inhalation of nitrous oxide	34
D9239	Intravenous moderate (conscious) sedation/anesthesia – first 15 minutes	90
D9243	Intravenous moderate (conscious) sedation/analgesia - each additional 15 minute increment	90
D9310	Consultation (diagnostic service by nontreating dentist)	15
D9440	Office visit after regularly scheduled hours	47
D9450	Case pres, detailed/ext treatment planning	0
D9940	Occlusal guard, by report	223
D9951	Occlusal adjustment - limited	50
D9952	Occlusal adjustment - complete	206
D9972	External Bleaching - per arch	165
D9973	External Bleaching - per tooth	66
D9995	Teledentistry – synchronous; real-time encounter	20
D9996	Teledentistry – asynchronous; information stored and forwarded to dentist for subsequent review	20

<sup>1</sup> As performed by a Participating General Dentist. See Plan Exclusions #13 for additional details.
\*All fees exclude the cost of noble and precious metals. An additional fee will be charged if these materials are used.

# **BCBSAZ STANDARD EXCLUSIONS AND LIMITATIONS**

#### **Plan Limitations**

- 1. Two (2) evaluations are covered per calendar year including a maximum of one (1) comprehensive evaluation.
- 2. One (1) problem focused exam is covered per calendar year.
- 3. Two (2) teeth cleanings (prophylaxis) are covered per calendar year (one additional cleaning is covered during pregnancy and for diabetic patients). Preventive Reward: Primary subscriber will receive a \$20 payment from BCBSAZ for each family member that receives two cleanings during the plan year from a participating DHMO network dentist. Contact your Benefit Administrator for details.
- 4. One (1) topical fluoride or fluoride varnish is covered per calendar year.
- 5. Two (2) bitewing x-rays are covered per calendar year.
- 6. One (1) set of full mouth x-rays or panoramic film is covered every three (3) years.
- 7. One (1) sealant or preventative resin restoration per tooth is covered per lifetime, up to age 16 (limited to permanent 1st and 2nd molars).
- 8. Replacement of a filling is covered if it is more than two (2) years from the date of original placement.
- 9. Replacement of a bridge, crown or denture is covered if it is more than seven (7) years from the date of original placement.
- 10. Crown and bridge fees apply to treatment involving five or fewer units when presented in a single treatment plan. Additional crown or bridge units, beginning with the sixth unit, are available at the provider's Usual, Customary, and Reasonable (UCR) fee, minus 25%.
- 11. Relining and rebasing of dentures is covered once every 24 months.
- 12. Retreatment of root canal is covered if it is more than two (2) years from the original treatment.
- 13. Root planing or scaling is covered once every 24 months per quadrant.
- 14. Scaling in presence of generalized moderate or severe gingival inflammation full mouth, after oral evaluation and in lieu of a covered D1110/D1120, limited to once per two years.
- 15. Full mouth debridement is covered once per lifetime.
- 16. Procedure Code D4381 is limited to one (1) benefit per tooth for three teeth per quadrant or a total of 12 teeth for all four quadrants per twelve (12) months. Must have pocket depths of five (5) millimeters or greater.
- 17. Periodontal surgery of any type, including any associated material, is covered once every 36 months per quadrant or surgical site.
- 18. Periodontal maintenance after active therapy is covered twice per calendar year, within 24 months after definitive periodontal therapy.
- 19. Coronectomy intentional partial tooth removal, once per lifetime.
- 20. Teledentistry asynchronous; information stored and forwarded to dentist for subsequent review (when available).

# **Plan Exclusions**

- 1. Services which are covered under Medicare, worker's compensation or employer's liability laws.
- 2. Services which are not necessary for the patient's dental health as determined by the Plan.
- 3. Cosmetic, elective or aesthetic dentistry except as required due to accidental bodily injury to sound natural teeth as determined by the Plan.
- 4. Oral surgery requiring the setting of fractures or dislocations.
- 5. Services with respect to malignancies, cysts or neoplasms, hereditary, congenital, anodontic, mandibular prognathism or development malformations where, in the opinion of the Plan, such services should not be performed in a dental office.
- 6. Dispensing of drugs.
- 7. Hospitalization for any dental procedure.
- 8. Treatment required for conditions resulting from major disaster, epidemic, war, acts of war, whether declared or undeclared, or while on active duty as a member of the armed forces of any nation.
- 9. Replacement due to loss or theft of prosthetic appliance.
- 10. Procedures not listed as covered benefits under this Plan.
- 11. Services obtained outside of the dental office in which enrolled and that are not preauthorized by such office or the Plan (with the exception of out-of-area emergency dental services).
- 12. Services related to the treatment of TMD (Temporomandibular Disorder).

- 13. Services related to procedures that are of such a degree of complexity as to not be normally performed by a Participating General Dentist. Above copayments do not apply when performed by a Participating Specialist (with the exception of orthodontics). Participating Specialists, if available, have entered into an agreement with BCBSAZ to provide dental services to members at a 25% reduction from their Usual, Customary, and Reasonable (UCR) fees.
- 14. Elective surgery including, but not limited to, extraction of non-pathologic, asymptomatic impacted teeth as determined by the Plan.
- 15. The Invisalign system and similar specialized braces are not a covered benefit. Patient copayments will apply to the routine orthodontic appliance portion of services only. Additional costs incurred will become the patient's responsibility.
- 16. Any service or supply rendered to replace a tooth lost prior to the effective date of coverage. This exclusion expires after 36 months of Member's continuous coverage under the plan.

# **Dental Policy – Group DHMO**

Blue Cross and Blue Shield of Arizona, Inc., an independent licensee of the Blue Cross and Blue Shield Association, (herein referred to as "Plan" or BCBSAZ) certifies that the Subscriber is covered under and subject to all the provisions, definitions, limitations and conditions of this Group Dental Policy for the benefits approved herein, and is eligible for benefits stated in the attachments hereto (Coverage Schedule) as of the date indicated in the letter accompanying the Membership Identification Card.

Member Services Contact (change mail address, add or remove dependents, termination of coverage)

Blue Cross and Blue Shield of Arizona Attn: Membership Services Mail Stop: A102

Blue Cross Blue Shield of Arizona PO Box 13466 Phoenix, AZ 85002-3466

1-888-271-7806

#### **PART I. DEFINITIONS**

- A. Dependent shall mean lawful spouse of Subscriber and/or unmarried natural, step or adopted children, or children under the Subscriber's legal guardianship, from and after birth up to his/her 26th birthday. At the Group's request, Dependent coverage may include a Domestic Partner of Subscriber and/or children of a Domestic Partner. When a child has been placed with a Subscriber for the purpose of adoption, that child is eligible for Dependent coverage from the date of such adoptive or parental placement. However, application for coverage must be submitted within 31 days from date of eligibility, along with proof that the adoption is pending. If a newborn infant is placed for adoption with Subscriber within 31 days of birth, such child shall be considered a newborn child of the Subscriber to the same extent as if that child had been a newborn natural child of the Subscriber. An unmarried child who is 26 years, but less than 27, whose time is principally devoted to attending school, and who is dependent upon his parents for primary support, is eligible to be covered as a Dependent. If a Dependent child is enrolled as a full-time student and is unable due to medical condition to continue as a full-time student, coverage for such child shall continue in force for a period of 12 months from the date the child ceases to be a full-time student, or until such child attains age 26, whichever first occurs. The child's treating physician must certify at the time the child withdraws as a fulltime student that the child's absence is medically necessary. Upon the attainment of limiting age, coverage as a Dependent shall be extended if the child is and continues to be both (1) incapable of self-sustaining employment by reason of mental or physical incapacity and (2) chiefly dependent upon the Subscriber for support and maintenance, provided proof of such incapacity and dependency is furnished to Plan by Subscriber within 31 days of the child's attainment of limiting age and subsequently as may be required by the Plan, but not more than annually after the two-year period following the child's attainment of limiting age.
- **B. Domestic Partner** shall mean a person who is at least 18 years old, is not related to Subscriber by blood or marriage within four degrees of consanguinity under civil law rule, is not married or in a civil union or domestic partnership with another individual, has been financially interdependent with Subscriber for at least 6 consecutive months prior to enrollment in Plan in which each individual contributes to some extent to the other individual's maintenance and support with the intention of remaining in the relationship indefinitely, and shares a primary residence with Subscriber. In order to

- obtain coverage for a Domestic Partner, Subscriber must sign an Affidavit of Domestic Partnership form provided by the Plan.
- **C. Group** shall mean the organization or employing unit with which the Subscriber is associated and which has executed the Group Dental Service Contract.
- **D. Member** shall mean any individual Subscriber or eligible family Dependent entitled to receive services by reason of the Contract.
- **E.** Participating Dentist shall mean those independent licensed dentists who have contracted with the Plan to provide dental services at negotiated fees for Members of the Plan. Participating Dentists are not employees of, nor supervised by the Plan.
- **F. Plan Specialist** shall mean those independent licensed specialists who have contracted with the Plan to provide dental services for Members of the Plan that are of such a degree of complexity as not to be normally performed by a Participating Dentist. Plan Specialists are not employees of, nor supervised by the Plan.
- **G. Subscriber** shall mean an individual in good standing who has paid the Premiums for services of the Plan prior to the period of eligibility, including payments for Dependents as hereinafter defined.
- **H. Premiums** shall mean amounts payable on a regular prepayment basis by or for the Subscriber to the Plan.
- **I. Usual and Customary Fees** shall mean those fees that the Participating Dentist usually charges its patients for dental services when a person is not affiliated with any dental program.

# **PART II. EFFECTIVE DATE OF BENEFITS**

- **A.** All persons, who have enrolled in the Plan and paid the appropriate Premium on or before the 17th day of the month, shall be eligible for benefits commencing on the 1st day of the following month or on any date mutually agreed upon by Plan and Group.
- **B.** All persons who have enrolled in the Plan and paid the appropriate Premium between the 17th day of the month and the last day of the month shall be eligible for benefits commencing on the 1st day of the second month or on any date mutually agreed upon by Plan and Group.
- **C.** All Subscribers and enrolled Dependents become eligible for services on the effective date indicated in the letter accompanying their Membership Identification Card.

# PART III. TERMINATION OR CANCELLATION

Benefits shall cease upon the earliest of the following events:

- **A.** On the date of expiration of the period for which the last payment of Premium was made to Plan. If payment is not made in full by the Group on or prior to the date due, as specified in Part IV-A, a grace period of 31 days from the last date of coverage shall be granted to the Group after the first payment. If notice of intention to terminate the Contract is received during the grace period, the Plan may collect Premium for the period beginning the first day of the grace period until the date on which notice is received or the date of termination state in the notice, whichever is later. The Contract shall remain in full force and effect during the grace period.
- **B.** Upon the date of Dependents attaining the age of 26 years or marriage prior to that date (Subject to Part I-A).
- C. If after reasonable efforts to establish and maintain a satisfactory dentist-patient relationship, the Participating Dentist is unable to do so, the Plan reserves the right to transfer the Subscriber and Dependents to a second and then third Participating Dentist of their choice. If the third Participating Dentist is also unable to establish a satisfactory dentist-patient relationship, the Plan reserves the right to terminate the membership of said Subscriber and Dependents. Termination shall be effective on the last day of the month after 31 days of which termination notices occurs. In case of termination by the Plan, and if services have been rendered, no refund will be given to Subscriber.
- **D.** Upon violation of the terms of this Contract, fraud or deception in the use of services, or termination of the Group Contract under which the Member is covered. Coverage will be canceled after the 31st day after written notice is mailed to the Subscriber.

Group coverage will renew for one (1) year periods in the absence of written termination notification by Group at least thirty (30) days in advance of expiration of the term of the Contract.

Upon termination of coverage, an extension of benefits shall be provided for any treatment in progress at the time of termination, provided the treatment requires two or more visits on separate days to the dentist's office. Extension of benefits will be until the completion of the procedure for all care other than orthodontics, and 60 days for orthodontics if the orthodontist has agreed to or is receiving monthly

payments when coverage terminates, or to the end of the quarter in progress or 60 days, whichever is longer, if the orthodontist is receiving quarterly payments. An extension of benefits will not be provided if termination was due to a failure to pay the Premiums or fraud or deception in the use of services. Subject to Part III, A through D, if a Subscriber is paying 100% of the cost of the Plan, without Group contribution, Subscriber must remain in the Plan a minimum of 12 months. Less than 12 month participation may result in Subscriber being responsible for the Usual and Customary Fees for services received, reduced by the sum of the Premium and copayments paid.

#### PART IV. PREMIUMS AND MEMBER COPAYMENTS

- **A.** Member Copayments (as listed in the attached Description of Benefits and Member Copayments) are payable to the Participating Dentist at the time services are rendered.
- **B.** Premiums must be received in the administrative office of the Plan no later than the 17th day of the month before eligibility is desired. If Electronic Funds Transfers is not utilized, payments should be mailed to: Blue Cross Blue Shield of Arizona, Inc. P.O. Box 52563 Phoenix, AZ 85072- 2563.

## **PART V. BENEFITS AND COVERAGES**

All dental procedures listed under the attached Description of Benefits and Member Copayments will be provided if, in the opinion of the Participating Dentist, they are necessary for the patient's dental health. The fee charged will be the fee listed under Member Copayments for each procedure completed. Only the Participating Dentist shall have the right to examine and to determine the professional services to be performed pursuant to the Plan. If conflict arises regarding the quality, cost, or extent of work, the case in question will be resolved pursuant to the Complaint or Quality Assurance Procedures established by the Plan. Referrals to a Plan Specialist must be made by the Member's Participating Dentist, except in the case of orthodontics. If a Participating Dentist refers the Member to a nonparticipating specialist for dental services, which are covered under this agreement, the Plan shall be responsible for payment of the specialist's charges to the extent the charges exceed the copayments specified in the Description of Benefits and Member Copayments. If during the term of this Contract none of the plan dentists can render necessary care and treatment to the Member due to circumstances not reasonably within the control of the Plan, such as complete or partial destruction of facilities, war, riot, civil insurrection, labor disputes, or the disability of a significant number of the plan dentists, then the Member may seek treatment from an independent licensed dentist of his own choosing. The Plan will pay the Member for the expenses incurred for the dental services with the following limitations: The Plan will pay the Member for services which are listed in the Description of Benefits and Member Copayments as 'No Charge', to the extent that such fees are reasonable and customary for dentists in the same geographic area; the Plan will also pay the Member for those services for which there is a copayment, to the extent that the reasonable and customary fees for such services exceed the copayment for such services as set forth in the Description of Benefits and Member Copayments. The enrollee may be required to give written proof of loss.

#### **PART VI. DENTAL RECORDS**

The dental records of all Members concerning services performed hereunder shall remain the property of the Participating Dentist or Plan Specialist. Information related to the number, cost, and delivery of services provided under the Plan to Members may be made available to the Plan by Participating Dentist or Plan Specialist for purposes of review, investigation, or evaluation of care.

### PART VII. CHANGE IN SERVICE

Plan reserves the right to change the Premiums or Member Copayments after completion of the term of the Contract. Premiums will be changed only when the then-effective rates have been in effect for at least twelve (12) months. No change will be made without giving the Group forty-five (45) days prior written notice.

#### PART VIII. CONVERSION AND CONTINUNATION OF COVERAGE

Plan coverage will terminate for Group Subscribers and their Dependents when Subscriber is no longer associated with the Group. Thereafter, and subject to Part III A and B only, Subscriber and their Dependents may convert to an individual contract. Plan will provide a conversion form with the details of the benefit plan available and the Premium. Subscriber must remit the conversion form and Premium to Plan within 60 days after termination.

Upon termination of their eligibility for coverage under the Plan, Subscribers and their Dependents may have the right to continue coverage for a period of time under the Consolidated Omnibus Budget Reconciliation Act of 1986 (COBRA). Groups may also elect for their Members to receive continued coverage for a 12 month period immediately following the date of termination, at the Premium applicable to the Group Contract, provided that the Subscriber pays to the Group timely Premium on a monthly basis during the 12 month period. The Group will notify the Member of their options for continuation of coverage.

#### **PART IX. EMERGENCY SERVICES**

When a Member is more than 50 miles from their Participating Dentist, they may have emergency services rendered by any licensed dentist. Emergency services is defined as "palliative care of injury, toothache, or accident requiring the immediate attention of a dentist which occurs under circumstances where it is impractical for Members to present themselves to their designated Participating Dentist for care." Plan reimburses for emergency out-of-area services up to \$100 per incident. Services are limited to those procedures not excluded under Plan Limitations and Exclusions. Plan must be notified of such treatment within five (5) days of the Member's return to their area. Proof of loss must be submitted to Plan within thirty (30) days of treatment.

Proof of loss should be mailed to: Blue Cross Blue Shield of Arizona, Inc. P.O. Box 1126 Elk Grove Village, IL 60009. When a Member has a dental emergency within the service area, but is unable to make arrangements to receive care through their Participating Dentist, treatment must be pre-authorized by contacting Plan Member Services at 1-888-271-7806.

# PART X. INCONTESTABILTY CLAUSE

In the absence of fraud, all statements made by a Subscriber shall be considered representations and not warranties and no statement shall be the basis for voiding coverage or denying a claim after the Contract has been in force for two years from its effective date, unless the statement was material to the risk and was contained in a written application. No written statement made by any Member shall be used in any contest unless a copy of the statement is furnished to the Member or the Member's beneficiary or personal representative.

### PART XI. HOW TO RECEIVE BENEFITS

In order to make an appointment, Members must contact their selected dental office. The first appointment scheduled will usually be for the purpose of taking a complete set of full mouth x-rays, an examination, developing a treatment plan, and providing an estimate of needed work. Members must pay the fees listed for each covered procedure performed on the Description of Benefits and Member Copayments. These fees are paid directly to the Participating Dentist who renders treatment. In the event the Participating General Dentist determines specialty care is necessary, the Participating General Dentist will provide a referral to a Plan Specialist (if available).

# PART XII. APPEALS AND GRIEVANCES

Members may participate in BCBSAZ's appeal and grievance processes, which are described in detail in the BCBSAZ Appeal and Grievance Guidelines, a separate document provided to you. You may ask BCBSAZ for another copy of the Guidelines at any time by visiting us at www.azblue.com or by calling the customer service telephone number listed in the front of this booklet.

#### PART XIII. MEMBERS RIGHTS & RESONSIBILITIES

Members have the following rights:

- The right to receive affordable, effective treatment and preventative care from a qualified, credentialed dentist whose treatment practices are periodically assessed by peers.
- The right to information about the dentist's professional qualifications.
- The right to choose a dentist from among those available.
- The right to full information about their dental benefit plan, including coverage conditions, exclusions, complaint resolution and appeals.
- The right to full disclosure of all treatment options and the consequences about decisions they make about treatment, non-treatment or partial treatment.
- The right to full disclosure of all financial obligations for covered and non-covered procedures

- The right to appointment availability and services without discrimination based upon race, national origin, gender, sexual preference, socioeconomic status, disability, health, anticipated need for services, or the means by which dental care is financed.
- The right to understand the manner in which dentists are compensated under the patient's benefit plan.
- The right to full information about coverage decisions, appeals processes and regulatory agencies which may be helpful in resolution of issues.
- The right to have all information related to their healthcare held in strict confidence.
- The right to file a complaint or appeal without the threat or disenrollment or penalization

# Members have the following rights:

- Members are responsible for paying the copayment amounts associated with each procedure at the time of service
- Members are responsible for providing a new dental office with accurate information about their previous records and dental experience (if available)
- Members are responsible for notifying their dentist of their inability to keep a scheduled dental appointment at least 24 hours prior to the appointment
- Members are responsible for obtaining a satisfactory explanation of their treatment plans and options from their dental office.
- Members are responsible for cooperating with dentist office procedure and policy, and for treating their provider and staff with respect.

# PART XIV. ENTIRE CONTRACT

The Group Dental Service Contract, executed on behalf of Subscribers, and this Certificate of Coverage (including any attachments thereto) constitute the entire Contract between the parties. No portion of the charter, bylaws, or other corporate documents of BCBSAZ will constitute part of the Contract. No change in this Contract shall be valid until approved by an executive officer of the Plan and unless such approval is endorsed hereon or attached hereto. No agent has authority to change this Contract or to waive any of its provisions.

#### **ATTACHMENTS**

Description of Benefits and Member Copayments Coverage Schedule Notice of Privacy Practices

These attachments contain other terms, including important exclusions and limitations. Subscribers may request additional copies by contacting Member Services at 888-271-7806.

### NONDISCRIMINATION STATEMENT

Blue Cross Blue Shield of Arizona (BCBSAZ) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. BCBSAZ provides appropriate free aids and services, such as qualified interpreters and written information in other formats, to people with disabilities to communicate effectively with us. BCBSAZ also provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages. If you need these services, call (602) 864-4884 for Spanish and (877) 475-4799 for all other languages and other aids and services.

If you believe that BCBSAZ has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: BCBSAZ's Civil Rights Coordinator, Attn: Civil Rights Coordinator, Blue Cross Blue Shield of Arizona, P.O. Box 13466, Phoenix, AZ 85002-3466, (602) 864-2288, TTY/TDD (602) 864-4823, crc@azblue.com. You can file a grievance in person or by mail or email. If you need help filing a grievance BCBSAZ's Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1–800–368–1019, 800–537–7697 (TDD). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

# **PRIVACY NOTICE**

# Your Right to Information; Availability of Notice of Privacy Practices

You have the right to inspect and copy your information and records maintained by BCBSAZ, with some limited exceptions required by law. If you choose to review your medical records in person, BCBSAZ will require a reasonable amount of time to research and retrieve the records before scheduling a time with you to review the records.

The BCBSAZ "Notice of Privacy Practices" describes how BCBSAZ may use and disclose your information to administer your health plan. It also describes some of your individual rights and BCBSAZ's responsibilities under federal privacy regulations. BCBSAZ mails a copy of this Notice of Privacy Practices to your address shortly after you enroll for coverage with BCBSAZ.

You can also view the "Notice of Privacy Practices" by visiting the BCBSAZ website, <a href="www.azblue.com">www.azblue.com</a>, and clicking on the "Legal" link at the bottom of the home page.

If you would like BCBSAZ to mail you another copy of the "Notice of Privacy Practices," please call the Customer Service number on your ID card, or call (602) 864-4400 or (800) 232-2345 to make your request.

# **MULTI-LANGUAGE INTERPRETER SERVICES**

Spanish: Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Blue Cross Blue Shield of Arizona, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 602-864-4884.

Navajo: Díí kwe'é atah nílínigií Blue Cross Blue Shield of Arizona haada yit'éego bína'ídíłkidgo éí doodago Háida bíjá anilyeedígií t'áadoo le'é yína'ídíłkidgo beehaz'áanii hólo díí t'áá hazaadk'ehjí háká a'doowołgo bee haz'ą doo bąąh ílínígóó. Ata' halne'ígií kojį' bich'į' hodíilnih 877-475-4799.

Chinese: 如果您,或是您正在協助的對象,有關於插入項目的名稱 Blue Cross Blue Shield of Arizona 方面的問題,您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員,請撥電話 在此插入數字 877-475-4799。

Vietnamese: Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Blue Cross Blue Shield of Arizona quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 877-475-4799.

#### Arabic:

إن كان لديك أو لدى شخص تساعده أسئلة بخصوص Blue Cross Blue Shield of Arizona، فلديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون اية تكلفة . للتحدث مع مترجم اتصل ب. 479-475-877

Tagalog: Kung ikaw, o ang iyong tinutulangan, ay may mga katanungan tungkol sa Blue Cross Blue Shield of Arizona, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 877-475-4799.

Korean: 만약 귀하 또는 귀하가 돕고 있는 어떤 사람이 Blue Cross Blue Shield of Arizona 에 관해서 질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용 부담없이 얻을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기 위해서는 877-475-4799 로 전화하십시오.

French: Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Blue Cross Blue Shield of Arizona, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 877-475-4799.

German: Falls Sie oder jemand, dem Sie helfen, Fragen zum Blue Cross Blue Shield of Arizona haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 877-475-4799 an.

Russian: Если у вас или лица, которому вы помогаете, имеются вопросы по поводу Blue Cross Blue Shield of Arizona, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 877-475-4799.

Japanese: ご本人様、またはお客様の身の回りの方でも、Blue Cross Blue Shield of Arizona についてご質問が ございましたら、ご希望の言語でサポートを受けたり、情報を入手したりすることができます。料金はか かりません。通訳とお話される場合、877-475-4799 までお電話ください。

#### Farsi:

اگر شما، یا کسی که شما به او کمک میکنید ، سوال در مورد Blue Cross Blue Shield of Arizona ، داشته باشید حق این را دارید که کمک و اطلاعات به زبان خود را به طور رایگان دریافت نمایید 4799-475-877 ارتماس حاصل نمایید.

### Assyrian:

1, ١٨٥٥، م سو ففره فع ومنوذه ومداده ومداده ومداد على Blue Cross Blue Shield of Arizona مداده ومداده ومداده

Serbo-Croatian: Ukoliko Vi ili neko kome Vi pomažete ima pitanje o Blue Cross Blue Shield of Arizona, imate pravo da besplatno dobijete pomoć i informacije na Vašem jeziku. Da biste razgovarali sa prevodiocem, nazovite 877-475-4799.

Thai: หากคณ หรอคนทคณกาลงชวยเหลอมคาถามเกยวกบ Blue Cross Blue Shield of Arizona คณมสทธทจะไดรบความชวยเหลอและขอมลในภาษา ของคณไดโดยไมมคาใชจาย พดคยกบลาม โทร 877-475-4799